



General Packing Suggestions:

- Backpack & daypack
- Waterproof bag cover
- Sleeping bag -
- rated comfortable down to -5C for summer trips, -15C to -20C for spring and autumn, and -40C for winter
- Passport (Always a good idea to bring a photocopy of your passport as well)
- Flight comfort items (Headphones, earplugs, books, sleeping mask, travel pillow etc.)
- 2-3 short sleeved shirts
- 1-2 long sleeved shirts, including 1 with UV protection if you have one
- 2 pairs long or convertible pants. Rugged trekking pants are ideal
- 1-2 pairs shorts
- 4 pairs of socks
- 1 pair of wool socks
- Underwear
- Long underwear
- Sports bra (some roads are bumpy)
- Buff, scarf, bandana
- Money belt or fanny pack
- Waterproof Jacket and pants.
- Light jacket and fleece or hoodie. Layers will be needed.
- Warm windproof jacket
- Warm beanie
- Hiking boots
- Walking shoes
- Chaps (optional for riding)
- Swimsuit when staying at upscale hotels or during the warm summer.
- Warm sleeping clothes
- Insect repellent. Lip balm and sunscreen
- Filter Water Bottle. Water will be available but ice cold filtered water from the rivers is a nice treat
- Waterproof bag for camera equipment and anything else you want to keep dry and dust free.
- Small flashlight or headlight
- Camera, battery and extra batteries, charger, plenty of memory cards
- Memory Bank
- Glasses, sunglasses, contact lenses, contact fluid.
- Electrical adapter [Example](#).
- Toiletries—deodorant, toothbrush, tooth paste, comb, brush, conditioner, Washcloth, wet-wipes.
- You may want to pick up some Granola bars, nuts, snacks before you leave Ulaanbaatar
- Cash for tips, including driver and guide and local arts and souvenirs
- Credit cards (call ahead and notify your bank that you will be traveling)
- Cell phone and charger
- Itinerary notebook with tickets, itinerary, confirmation numbers, emergency phone numbers, copy of passports, etc.

**Vaccinations:**

Currently there are no vaccination requirements for Mongolia. Always check with your own travel doctor to confirm.

Money and passport:

ATM's are readily available in the capital but outside of Ulaanbaatar they become rarer. Make sure to carry some cash when you head towards the more remote parts of the country.

Always ensure minimum 6 months validity of your passport. If it expires in less than 6 months get it renewed.

First Aid Supplies:

Each vehicle will have first aid kit onboard and staff is trained in first aid.

Important note on local flights

On domestic flights in Mongolia you are only allowed 33lbs/15kg including hand luggage. Excess baggage charge is about \$2 per kg. You can leave some of your baggage in storage at your hotel in Ulaanbaatar if needed.

And now get ready....Adventure Calls!